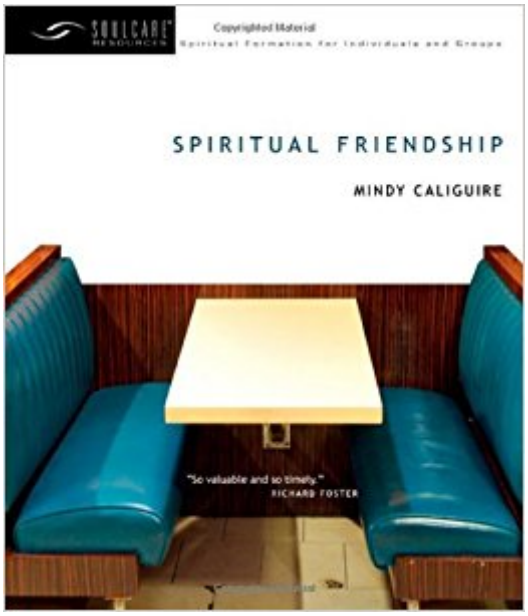
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Spiritual Friendship (Soulcare Resources)



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Synopsis

"Mindy Caliguire knows and cares about the deep things of the soul. She’s been there. And she can be a wise guide here for you," says John Ortberg, author of The Life You’ve Always Wanted. We are tired. Many of us long for sources of nurture for our weary souls. But we don’t know where to turn. We’ve tried various Christian plans for growth, yet sometimes these programs leave us even more drained and frustrated. Interestingly, the answer can be found in our everyday lives: ordinary relationships can restore life and health to our depleted souls. So why do we resist intimacy with others if it’s part of our soul’s architecture? Because people also cause us pain. Soul Care Resources are designed to be simple, but not simplistic, guides to maintaining or recovering the life and health of your soul. Spiritual Friendship introduces you to principles of friendship that bring focus to your spiritual life. You’ll discover what it takes to have a rich, God-centered relationship that will nourish your soul. You use this book in small chunks of daily reading, covering the whole book in the course of four weeks. Also included are four guided group discussions for use with a small group or a spiritual friend. Also available in the Soul Care Resources series is Discovering Soul Care, an introduction to the resources for spiritual health we have in Christ. Are you ready to recover your reserves?

Book Information

Series: Soulcare Resources

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Customer Reviews

"Spiritual Friendship is a refreshing change from the usual ’chick lit’ or ’girlfriend’ level of spiritual depth and intelligence." (Natalie Klein on Young Ladies Christian Fellowship (blog.ylcf.org),

February 27, 2008)"For many years I have enjoyed a soul-nurturing friendship with Mindy Caliguire, so I know she lives out the truths she writes about. I am delighted that her passion and practical wisdom will find an increasing audience through these studies." (Lynne Hybels, author of Nice Girls Don't Change the World)"Today the interior life of vast numbers is empty, parched, dry. And the reason? In our daily, desperate scramble of panting feverishness we have never so much as considered the health of our soul. This is why Mindy Caliguire's Soul Care Resources are so valuable and so timely for the contemporary scene. They are practical, well-grounded, wise books that help us cultivate a life of robust soul-health. I recommend Soul Care Resources highly." (Richard J. Foster, author of Celebration of Discipline)"Please hear me out: Plan a retreat today, plan on taking this book, and plan on experiencing God's gracious care anew. Take your time, avoid the rush, just sit and read and listen and commune with God. You will find that opening yourself to God heals the soul. You will find the friendship of God." (Scot McKnight, author of The Jesus Creed)"Mindy Caliguire knows and cares about the deep things of the soul. She's been there. And she can be a wise guide here for you." (John Ortberg, author of The Life You've Always Wanted)

Mindy Caliguire is founder and president of Soul CareÃ Â®, a spiritual formation ministry. She serves as the director of transformation ministry for the Willow Creek Association. Mindy is a frequent speaker and retreat leader, working with groups such as the Spiritual Formation Alliance. Her books include Faith Books & Spiritual Journaling (with Sharon Soneff) and Write for Your Soul: The Whys and Hows of Journaling (with Jeff Caliguire).

This book was very revealing and opened my eye to the things I needed to change about ME to be a better spiritual firend. My small gorup loved it.

Spiritual book for our small group. Reading it together, writing notes inside.. I was well written and I would recommend it.

Living out John 13:34 in real time. Challenging and practical insights.

I've given this book to several women over the years to help them develop their friendships to a place of spiritual depth. It's a great guide. We are currently using it as part of a curriculum for a Women of Influence bible study.

The book came in excellent condition, I'm not sure it was ever used. Thanks again I'll use you people again.

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